

30 January:

Prevention of psychosocial risks, stress and burnout at work

12.00 – 13.00

Welcome and light lunch

Room Polak

Moderator: Brenda O'Brien, Manager of the EU-OSHA Brussels Liaison Office

13.00 – 13.30

Welcome

By Petra De Sutter, Deputy Prime Minister and Minister of Public Administration; Margaritis Schinas, Vice-President of the European Commission; and Stella Kyriakides, European Commissioner for Health and Food Safety

13.30 – 13.55

The avoidable burden of depression and cardiovascular disease attributable to psychosocial risks in the EU

By Dr. Hélène Sultan-Taïeb, Full Professor, Université du Québec à Montréal (ESG-UQAM)

13.55 – 14.15

Psychosocial Risks at Work in the Digital Age

By William Cockburn, Executive Director, European Agency for Safety and Health at Work (EU-OSHA)

14.15 – 14.35

Supporting mental health at work: the role of psychosocial risks and job quality

By Agnès Parent-Thirion, Senior Research Manager, European Foundation for the improvement of living and working conditions (Eurofound)

14:35 – 15.05

The views of the EU social partners

- Esther Lynch, General Secretary, European Trade Union Confederation (ETUC)
- Kris De Meester, Chairman of Safety and Health Committee, BusinessEurope
- Valeria Ronzitti, Secretary General, SGI Europe
- Danny Van Assche, Secretary General of UNIZO for SMEunited

15.05 – 15.20

Conclusions of the EU Council on "Precarious Work and Mental Health"

by Mercedes Tejedor, Head of International Department at Spanish National Institute for Health and Safety

15.20 – 15.50

Coffee break

15.50 – 17.05

Parallel sessions

1. Navigating the storm: psychosocial risk prevention in times of crisis

Room Maelbeek

Moderator: Julia Flintrop, Research Project Manager, EU-OSHA

Rapporteur: Sonia Nawrocka, Researcher, European Trade Union Institute (ETUI)

- Job resources-demands in times of crisis by Dr. Evangelia Demerouti, Full Professor, Eindhoven University of Technology

- Towards sustainable hybrid work? Proximity, dis-embodied work(place) and meaningful work by Dr. Michel Ajzen, Assistant Professor, Université de Namur
- Crises managers in continuous operation by Dr. Meinald Thielsch, Professor, University of Münster
- Questions and answers

2. Harmonising a legislative framework for psychosocial risks

Room Polak

Moderator: Vanessa De Greef, Professor of Labour law, Université Libre de Bruxelles

Rapporteur: Dr. Stavroula Leka, Professor of Organisations, Work & Health, Lancaster University & President, European Academy of Occupational Health Psychology (EAOHP)

- Fundamental legal framework in the EU and role of the law by Dr. Loïc Lerouge, Jurist, Research Director at CNRS, Professor at the University of Bordeaux
- State of play at the EU level by Charlotte Grevfors Ernoult, Head of Unit DG Employment, European Commission
- Possible key elements for a directive on psychosocial risks by Godelieve Ponnet, Advisor general, Federal Public Service Employment, Labour and Social Dialogue
- Questions and answers

3. Shaping healthy workplaces together

Mirror Room

Moderator: José Antonio Moreno Díaz, European Economic and Social Committee (EESC)

Rapporteur: Lieve Verboven, Director of the International Labour Organization's Office for the European Union and the Benelux countries (ILO)

- Presentation of joint initiatives to tackle PSR at work by unions and employers:
 - from the European hospital and healthcare sector, by Dr. Adam Rogalewski (EPSU) and Leonie Martin (HOSPEEM)

- from the European construction sector, by Rolf Gehring (EFBW/W) and Léna Guyon (FIEC)
- Recommendations on the primary prevention of burnout by Rudi Delarue, President of the Belgian National Labour Council
- Questions and answers

17.05 – 17.20 **Report from the parallel sessions**

17.20 – 18.15 **Political debate**

- Petra De Sutter, Deputy Prime Minister and Minister of Public Administration, Belgium
- Lilian Tschan, Permanent State Secretary, Federal Ministry of Labour and Social Affairs, Germany
- Javier Padilla, Secretary of State for Health, Spain
- European Parliament (tbc)

18.15 – 18.25 **Statement by Nicolas Schmit, European Commissioner for Jobs and Social Rights**

18.25 – 18.35 **Conclusions by Pierre-Yves Dermagne, Deputy Prime Minister and Minister of the Economy and Employment**

18.35 – 18.40 **Farewell**

Transfer to Magritte Museum

18.45: departure by bus from parking Residence Palace

19.30: departure by bus from Thon Hotel EU
(Rue de Trèves 120, Brussels)

19.00 – 20.30 **Visit to the Magritte Museum and cocktail**

20.30 – 23.00 **Dinner**

From 22.30 **Transfer to Thon Hotel EU**
onwards

31 January:

Start-Stay-Return to work

8.30 – 9.00

Welcome and coffee

Room Polak

Moderator: Caroline Costongs, Director of EuroHealthNet

9.00 – 9.15

Opening by Frank Vandenbroucke, Deputy Prime Minister and Minister of Social Affairs and Public Health; and David Clarinval, Deputy Prime Minister and Minister for the Self-Employed, SMEs and Agriculture, Institutional Reforms and Democratic Renewal

9.15 – 9.30

Keynote speaker: In what way should the individual's mental health be included in the organization and system, and what are the challenges?

by Joaquim Pintado Nunes, Branch Chief LABADMIN/OSH at the ILO

9.30 – 10.45

Parallel sessions

1. START to work: inclusive labour market for people suffering from mental health conditions, lessons to be learned for the European Union

Mirror Room

Moderator: Caroline Costongs, Director of EuroHealthNet

Rapporteur: Brenda O'Brien, Manager of the EU-OSHA Brussels Liaison Office

Speakers:

- Rebeka Balogh, researcher University of Glasgow
- Dr. Elisabeth Ugreninov, research professor, Centre for Welfare and Labour Research, Oslo Metropolitan University (OsloMet)
- Prof. Dr. Stavroula Leka, Professor of Organisations, Work & Health, Lancaster University & President, European Academy of Occupational Health Psychology
- Prof. Dr. Ellenor Mittendorfer-Rutz, head of Division of Insurance Medicine, Karolinska Institutet
- Olivia Farrugia, Head of jobseeker division at Jobsplus Malta

Questions and answers

2. STAY at work: secondary prevention from an EU perspective

Room Polak

Moderator: Jan Michiel Meeuwssen, Partnership for European Research in Occupational Safety and Health (PEROSH)

Rapporteur: Prof. Dr. Jari Hakanen - Finnish Institute of Occupational Health (FIOH)

- Panel
 - Caroline Dendoncker, Clinical psychologist – Project manager of the Pilot project Burnout – Federal Agency for Occupational risks | Fedris
 - Prof. Dr. Salla Toppinen-Tanner, Professor of Practice of Work Ability Promotion at the University of Jyväskylä, Director of Work ability and Working Careers, Finnish Institute of Occupational Health | FIOH
 - Prof. Dr. Olivier Torres, Professor in Entrepreneurship at University of Montpellier, Founder and Chairman of AMAROK, the first health

observatory for self-employed workers and entrepreneurs

- Questions and answers

3. RETURN to work: Good practices with a focus on IPS from an EU-perspective

Room Maelbeek

Moderator: Prof. Em. Dr. Chantal Van Audenhove, director LUCAS KU Leuven, Center for Care Research and Consultancy

Rapporteur: Sofie Meeuws, IPS Supervisor at GTB Flanders, and Camille Mahieux, IPS supervisor at L'Equipe non-profit.

- Presentation by Prof. Em. Dr. Jaap Van Weeghel, TS Social and Behavioral Sciences, Tranzo, Scientific center for care and wellbeing, on return to work initiatives for people with mental health problems: general presentation of good practices regarding RETURN to work
- Round table discussion with:
 - Dr. Saskia Decuman: NIHDI
 - Lars De Winter: Researcher, projectworker, data manager IPS and work, Knowledge Center Phrenos
 - Angelo Fioritti: Director of the department of Mental Health and Pathological Addictions at Azienda Unità Sanataria Locale di Bologna and Director of IPSILON Association
 - Hlynur Jónasson: Experienced Vocational Rehabilitation and IPS Employment Counselor at Landspítali University Hospital
- Questions and answers

10.45 – 11.00

Coffee break

11.00 – 11.30

Summary of the parallel sessions in plenary

By the three rapporteurs

11.30 – 12.40

Round table discussion on an integrated approach of mental health and further action at European Level

Moderator: Caroline Costongs, Director of EuroHealthNet

Rapporteur: Charlotte Leclère, Coordinator Mental Health and Work, FPS Social Security

- Dr. Milena Angelova, Member of the EESC
- Catherine Brogan, President of Mental Health Europe
- Péter Kéri, President of GAMIAN-Europe
- Maria Iglesia, Acting Director for Working Conditions and Social Dialogue, DG EMPL, European Commission
- Sara Cerdas, MEP (S&D), committee on the Environment, Public Health and Food Safety, main rapporteur for the European Parliament's first report on mental health

Questions and answers

12.40 – 12.50

Concluding statement by a representative of the European Commission

Charlotte Grevfors Ernout, Head of Unit DG Employment, European Commission

12.50 – 13.00

Concluding statement by a representative of the Belgian Presidency

Peter Samyn, President of the Direction Committee at Federal Public Service Social Security

13.00

Farewell and light lunch